

WISCONSIN



SENIOR CENTERS

AVAILABLE TO YOU

 capri COMMUNITIES

enjoy life

Brookfield Senior Community

2000 N Calhoun Rd, Brookfield, WI 53005
262-796-6675

Burlington Senior Center

587 E State St, Burlington, WI 53105
262-716-0329

Cedarburg Senior Center

Lincoln Building, W63 N643 Washington Ave, Cedarburg, WI 53012
262-375-7644

Clinton and Bernice Rose Senior Center

3045 N Doctor M.L.K. Jr Dr, Milwaukee, WI 53212
414-263-2255

Club 55 Senior Citizen Center

229 Fremont St, Lake Mills, WI 53551
920-728-2176

Colonial Club Senior Activity Center

301 Blankenheim Ln, Sun Prairie, WI 53590
608-837-4611

DeForest Area Community & Senior Center

505 N Main St, DeForest, WI 53532
608-846-9469

East Madison/Monona Coalition of the Aging

4142 Monona Dr, Madison, WI 53716
608-223-3100

Fort Atkinson Area Senior Citizens Center

307 Robert St, Fort Atkinson, WI 53538
920-397-9913

Germantown Senior Center

W162N11960 Park Ave, Germantown, WI 53022
262-253-7799

Glendale Senior Citizen Center

2600 W Mill Rd, Milwaukee, WI 53209
414-540-2100

Senior centers are an incredible resource for fostering connections and communities for older adults.



Offering wellness programs, fitness experiences, employment assistance, recreational activities, meal programs and so much more, find your nearest senior center to experience the countless benefits.

Grafton Senior Multipurpose Center

1665 7th Ave, Grafton, WI 53024
262-375-5311

Grinnell Senior Center

631 Bluff St, Beloit, WI 53511
608-364-2875

Hart Park Senior Center

7300 W Chestnut St, Milwaukee, WI 53213

[414-471-8495](tel:414-471-8495)

Horicon Senior Citizens Center

420 E Lake St, Horicon, WI 53032

[920-485-3533](tel:920-485-3533)

Kelly Senior Center

6100 S Lake Dr, Cudahy, WI 53110

[414-481-9611](tel:414-481-9611)

Kenosha Senior Center

2717 67th St, Kenosha, WI 53143

[262-359-6260](tel:262-359-6260)

DID YOU KNOW?

Older adults who participate in senior center programs experience better psychological well-being across several measures, like **lower levels of depression¹, lower levels of stress², and more supportive friendships³**, compared to non-participants.



sources: ¹ Namkee C. Choi and Graham J. McDougall. Comparison of depressive symptoms between homebound older adults and ambulatory older adults. *Aging and Mental Health*. May 2007. Found on the internet at [ncbi.nlm.nih.gov/pmc/articles/PMC6415761/](https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC6415761/) ² Dan Weis Farone, et al. Use of senior centers as a moderator of stress related distress among Latino elders. *Journal of Gerontological Social Work*. 2005. Found on the internet at pubmed.ncbi.nlm.nih.gov/16338885/ ³ Ronald H. Aday, et al. Impact of senior center friendships on aging women who live alone. *Journal of Women & Aging*. 2006. Found on the internet at <https://pubmed.ncbi.nlm.nih.gov/16635950/>

Lois & Tom Dolan Community Center:

Brown Deer Senior Citizens Club

4355 W Bradley Rd, Brown Deer, WI 53223

[414-371-3070](tel:414-371-3070)

LX Club - Fox Point-Bayside Senior Center

7200 N Santa Monica Blvd, Fox Point, WI 53217

[414-351-1413](tel:414-351-1413)

Madison Senior Center

330 W Mifflin St, Madison, WI 53703

[608-266-6581](tel:608-266-6581)

Manor Park Senior Center

8536 W Oklahoma Ave, Milwaukee, WI 53227

[414-607-4186](tel:414-607-4186)

Mayville Senior Center

330 N Walnut St, Mayville, WI 53050

[920-387-7911](tel:920-387-7911)

McFarland Senior Outreach Services

5915 Milwaukee St, McFarland, WI 53558

[608-838-7117](tel:608-838-7117)

McGovern Park Senior Center

4500 W Custer Ave, Milwaukee, WI 53218

[414-527-0990](tel:414-527-0990)

Memorial Hall Senior Adult Center

72 7th St, Racine, WI 53403

[262-636-9304](tel:262-636-9304)

Menomonee Falls Senior Center

W152 N8645 Margaret Rd, Menomonee Falls, WI 53051

[262-355-8469](tel:262-355-8469)

New Berlin Senior Center

14750 W Cleveland Ave, New Berlin, WI 53151
[262-785-2725](tel:262-785-2725)

NewBridge Madison:

Your Connection to Successful Aging

1625 Northport Dr, #125, Madison, WI 53704
5724 Raymond Rd, Madison, WI 53711
505 Cottage Grove Rd, #200, Madison, WI 53716
[608-512-0000](tel:608-512-0000)

OASIS Milwaukee Recreation

2414 West Mitchell Street, Milwaukee, WI 53204
[414-647-6065](tel:414-647-6065)

Oconomowoc Area Senior Center

210 S Main St, Oconomowoc, WI 53066
[262-567-4288](tel:262-567-4288)

Senior Center - City of Fond Du Lac

151 E 1st St, Fond Du Lac, WI 54935
[920-322-3630](tel:920-322-3630)

Senior Citizens Activities, Inc.

2378 W Washington St, West Bend, WI 53095
[262-335-4498](tel:262-335-4498)

Senior Friends, Inc.

Hartford Senior Center - Highland Hall

730 Highland Ave, Hartford, WI 53027
[262-673-4005](tel:262-673-4005)

Seniors in the Park

Starin Park Community Building, 504 W. Starin Rd,
Whitewater, WI 53190
[262-473-0535](tel:262-473-0535)

Sussex Village Senior Community

N64 W23760 Main St, Sussex, WI 53089
[262-246-5200](tel:262-246-5200)

Verona Senior Center

108 Paoli St, Verona, WI 53593
[608-845-7471](tel:608-845-7471)

Washington Park Senior Center

4420 W Vliet St, Milwaukee, WI 53208
[414-933-2332](tel:414-933-2332)

Watertown Senior Citizens Center

514 S 1st St, Watertown, WI 53094
[920-262-8099](tel:920-262-8099)

Wauwatosa Senior Center - Civic Center Club

7725 W North Avenue, Wauwatosa, WI 53213
[414-479-8900](tel:414-479-8900) ext. 5789

Wilson Park Senior Center

2601 W Howard Ave, Milwaukee, WI 53221
[414-282-5566](tel:414-282-5566)

Build Relationships



Care for Your Wellness

Join a Supportive Community



Enjoy Life